Friends of Hopewell Furnace Present

Evening Yoga in the Park



Two Sessions 1 hour for each

Saturday July 19th, 2025 6 pm (Rain date: July 26th)
Led by Dragonfly Yoga & Fitness of Pottstown.
Saturday August 16, 2025 6 pm (Rain date: Aug 23th)

Led by Wellspring on Main of Douglassville.

Classes are free. Capacity is limited

Participants are encouraged to bring a water bottle and

their own yoga mat or beach towel to the class.

Please Register by calling the park front desk at

6 10-582-8773 or email <u>HOFU Superintendent@nps.gov</u>